

- There are four brackets – A Premier Division, an Open Division, and a Social Bracket & College Bracket.
- Participating teams must fill out a Waiver Agreement and have paid Tournament Entry fees prior to first kickoff.
- Each match lasts 22 minutes, with a five minute halftime. The Official scorer for each match is the Match Referees, and it their responsibility to the MRFC Tournament Organizers. It is the captains or coaches responsibility to check with the Match Referee before leaving the field of play to verify a final score.
- Teams not ready to play within five minutes of their scheduled kickoff will result in a forfeit loss of 14-0.
- The team travelling the furthest is the “away” team for purposes of the coin toss. The “away” team makes the call.
- Tournament Format:
 - Due to late cancellations or no shows, the tournament format may change. The Monmouth rugby Football Club tournament Organizers are solely responsible for seeding and scheduling.
 - Each team will play 2 games in pool play.
 - Premier & Open Divisions are made up of six teams and the Social Division has nine teams. Each team is garunteed two matches.
 - For Semifinal advancement and seeding in the event of a tie, the following tiebreakers will be used:
 - Point differential up to the point where the tiebreaker is needed.
 - Total number of tries scored.
 - Number of converted tries scored.
 - Coin toss.
 - In the event of a tie in the Semifinal or Final match, there will be,
 - First, a five minute overtime.
 - Second, a kick-off.
 - There will be no cross roster movement unless a participating teams roster falls below fifteen player. The team adding from another team may not enter a roster of more than seventeen players. Any cross roster movement should be dictated to the Tournament Director.
 - A team may not make more than seven substitutions per match. A blood substitution is not allowed play of more than ten minutes. Front row substitution rules are in accordance with the IRB.
 - A red Carded player is inelligible for play, effective immediately for the remained of the day.